

Week 1

Lister House Menus

Salad and Sandwiches must be offered as an alternative to the lunchtime hot menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beef Stew	Grilled Plaice & Butter Sauce	Pork casserole	Shepherd's Pie	Battered Haddock	Lancashire Hotpot	Roast Turkey & cranberry
Steak & Kidney Pie	Liver & Bacon	Beef cooked in Guinness	Chicken & leek Pie in gravy	Poached Haddock & Parsley sauce	Beef Pie	
Green Beans	Cauliflower	Leeks	Broccoli	Mushy Peas	Cabbage	Carrots
Cauliflower	Courgettes	Mashed Carrots & Swede	Sprouts	Garden Peas	Parsnips	Sprouts
Creamed Potatoes	Creamed potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes
Wedge potatoes	New Potatoes	Chips	Croquette	Chips	New Potatoes	Roast Potatoes
Jam sponge & custard Sauce	Fruit Crumble & Custard	Choc. Sponge & choc Sauce	Stewed Apple & Rhubarb & custard Sauce	Creamed Rice Pudding & Jam	Apple Sponge & custard	Trifle
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Cheese & onion pie	Pie & Peas	Corned beef patties & beans	Jacket pots	Cheese on toast	Bacon & Egg Served With Bread & butter	Mushroom on toast
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Marble cake	Peach Melba	Fresh Cream Scones	Pear Belle Helene	Victoria Sponge	Fruit Jelly & Cream	Cup Cakes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pork Casserole	Finnan Haddock with sauce	Liver onions	Pork loin & apple sauce	Battered Haddock	Beef Stew & Dumplings	Roast Beef & gravy
Grilled sausages	Liver & Onions	Breaded Chicken	Savoury Beef Cobbler	Poached Haddock & Parsley Sauce	Chicken Pie	
Creamed Swede	Julienne of Carrots	Mixed veg	Cauliflower	Garden Peas	parsnips	Buttered Carrots
Buttered Cabbage	Garden Peas	Leeks	Green Beans	Mushy Peas	Sprouts	Broccoli
Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes
Boiled Pots	New Potatoes	Chips	Sautéed Potatoes	Chips	Duchess Potatoes	Roast Potatoes
Marmalade Bread & Butter Pudding & Custard Sauce	Toffee sponge with Custard Sauce	Ginger Sponge & Custard Sauce	Plum crumble & custard	Creamed Rice Pudding & Jam	Eves pudding & Custard Sauce	Fresh Cream Trifle
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Beans on Toast	Corned Beef Hash & Bread & Butter	Sausage Platt & beans	Toasted Currant T-Cake	Spaghetti on toast	Jacket	Cheese & onion Pasty & tomatoes
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Ice Cream & Tinned Fruit	Lemon Meringue Pie	Manchester Tart	Angel Delight	Banana Custard	Fruit jelly	Homemade Chocolate Cake

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Sausage in onion gravy Chicken Casserole Leeks Green Beans Creamed Potatoes Boiled Potatoes Hot Cherry Pie & Custard	Fish Pie Chicken Breast in gravy Garden Peas Savoy Cabbage Creamed potatoes New potatoes Spotted Dick & Custard Sauce	Steak & Ale Pie Lasagne Broccoli Diced Swede Creamed Potatoes Chips Apple Pie & Custard Sauce	Sausage Casserole Mince & Pot Pie Carrots Broad beans Creamed Potatoes Croquette Rhubarb Crumble & Custard	Battered Haddock Poached Haddock Mushy Peas Garden Peas Creamed Potatoes Chips Creamed Rice & Apple Puree	Steak & Kidney Pie Savoury Mince Green Beans Cabbage Creamed Potatoes Boiled Pineapple Upside Down Cake & Custard Sauce	Roast Chicken & stuffing Broccoli Carrots Creamed Potatoes Roast Potatoes Trifle
Soup Egg & chips Sandwiches Strawberry Snow	Soup Tomatoes on toast Sandwiches Banana Cake	Soup Sausage Roll & Beans Sandwiches Rhubarb Fool	Soup Beef burger in bun & Chips Sandwiches Jam slice	Soup Ham & Mushroom Omelettes, Bread & Butter Sandwiches Butter Scotch Mousse	Soup Cornish Pasty & gravy Sandwiches Fruit Flan	Soup Buttered Toasted Current T-Cake Sandwiches Black Forrest Gateau

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Shepherd's Pie	Poached Salmon & Dill & Butter Sauce	Chicken & Mushroom Pie	Beef stew	Battered Haddock	Sausage & Onion Gravy	Roast Pork & Apple Sauce
Chicken Wrapped in Bacon	Pork Casserole	Sausages	Ham & Chips	Poached Haddock & Parsley Sauce	Mince & Dumplings	
Cauliflower	Garden Peas	Carrots	Leeks	Mushy Peas	Mix vegetables	Broccoli
Carrot & Swede	Broccoli	Green Beans	Cabbage	Garden Peas	Cauliflower	Carrots
Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed potatoes	Creamed Potatoes
Chips	Dauphinoise Potatoes	Chips	Boiled Potatoes	Chips	Croquette	Roast Potatoes
Choc. Sponge & Choc. Custard	Cabinet Pudding & Custard	Stewed Fruit & Custard	Jam Roly Poly & Custard	Creamed Rice Pudding & Jam	Ginger sponge & Custard	Trifle
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Poached Egg on Toast	Crumpets	Scampi & Tartar sauce	Jacket Potatoes	Omelettes	Fried Egg & Chips	Beans on Toast
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Banana split	Jelly & cream	Lemon Drizzle Cake	Fresh cream Victoria Sponge	Fruit Cocktail & cream	Banoffee Pie	Peaches and Cream